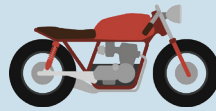
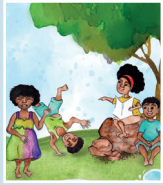


## CHILDREN NEED TO LEARN THAT:

Things have *names*.



Things fall into *groups/categories*: **Category: People/humans.**



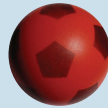
Things have *colors*:



green grass



brown tree



red ball

Things have different *sizes*:



elephant = big



cow = medium



ant = small

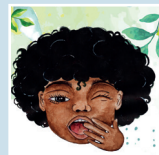
Faces can *communicate*:



happy



surprised



sleepy



awake

## CAREGIVER QUIZ

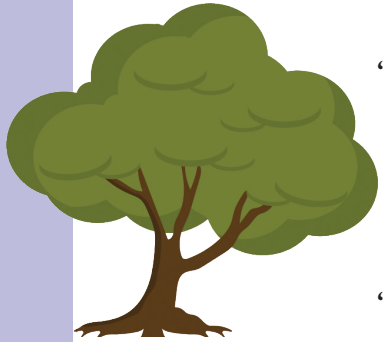
- 1) How many words do newborn children need to hear a day?  
A) 21,000  
B) 30,000  
C) As many as possible
- 2) Does singing count?  
Yes / No
- 3) Does rhyming count?  
Yes / No
- 4) Do words heard on the radio, phone, or TV count?  
Yes / No
- 5) Can the words be in our home language, or must they be in English?  
A) English only.  
B) Any language even silly sounds like a dog barking, cat meowing, or chicken clucking are all great.
- 6) How many words do children under the age of 5 need to hear a day?  
A) 21,000  
B) 21,000  
C) 21,000
- 7) Is it helpful if I look the child in the face when I talk to them?  
Yes / No
- 8) Is it good to listen to songs on the radio and sing along with them?  
Yes / No
- 9) Is it good to take the children to church so they can hear the music and the songs?  
Yes / No
- 10) What about when the listen to me talk with my friends?  
Yes / No

# GAMES

**I spy:** say to the child, “**I spy with my own eyes something...big!**” Or something green and so on. Then the child guesses what you see.

**Tour guide:** As you walk around describe everything you see as if you are a guide. Say things like,

“On my left is a **BIG green tree.**”



“On my right is a **yellow flower.**”



“There is a cow mooing really loud.”

moo!  
moo!



**Who loves you:** Grandma loves you, I love you, the earth loves you, God loves you, I am happy you are my [friend, son, daughter]. Name everything you can, like trees, earth, Jesus, buddha, saints, sages, teachers, brothers, sisters. Be as specific as possible.

**Can you sing like this?** Make up silly songs, with silly sounds, one idea:



**Can you make this noise with your mouth?** Cluck tongue, blowing sound, animal sounds, bird sounds, have fun with this.

**Silly finger and toe counting:** Get on your knees in front of the child and ask if you can touch their fingers. Then very slowly and gently touch the tip of each finger, take a breath, smile, and say “**One**” as you count them. Have the child count your fingers and toes too.

**Finger Mountains:** Gently hold the child’s hand and take your finger and outline the child’s fingers. Inhale (up) exhale (down) over their fingers. For example, when doing the **ABC’s**  
Breathe, smile, say the letter: “**R**”  
Breathe, smile, say the letter sound: “**aaRr**”  
Breath, smile, say a word with the letter in it, for example, “**Red**”



**Sand dirt dust ABC’s:** Write letters or numbers on the sand or dirt and have the child trace where you have written the letter/number. As you write the letter say for example “**T**”, “**Taa**”, as in “**Tomato**”



**Remember, slow is okay.** No need to rush through these games. Creating a calm, happy, and safe space for the child is healthy – thinking simply; “For children, love and time with you are the same thing. So, give the greatest gift to the child you can, your time.”